



Meri Kirihimete from CFNZ

Kia ora,

We are welcoming 2022 with open arms and with a hope that it is a little smoother than the uncertainty the last two years brought.

We knew the needs of our CF families would not change when we landed in another lockdown, and it was more important than ever that CFNZ maintain their level of service to you, the CF community.

Throughout the year, thanks to donations from kind supporters, we provided 203 welfare grants, helping with heating and food vouchers for example, to people with CF and their families. We also provided 31 transplant grants, to assist with transport and accommodation costs, and 318 Breath4CF physical activity grants to help the CF community to stay active.

Further to financial support, our four incredible fieldworkers had 4038 points of contact with our families, assisting with emotional and practical support, and

attended 870 clinics across the country.

In November we welcomed our new CFNZ Chief Executive, Lisa Burns into the fold. Lisa has already rolled up her sleeves and is ensuring CFNZ is well positioned to continue providing the practical individual and family support mentioned above, into the future.

We saw several major steps forward in the campaign to secure funding for Trikafta, with Trikafta being considered by PTAC in its November 2021 meeting, and earlier this month Medsafe granted consent for the use of Trikafta in NZ. We hope to hear the recommendation from PTAC early in 2022.

I look forward with great anticipation to the year ahead, and would like to say a heartfelt thank you on behalf of the CFNZ Board and CFNZ Team. We exist because of you, our CF families, and we are so very thankful for the support and energy you put into this amazing little community in New Zealand.

Our best wishes to you, and your whānau for the festive season. We hope you enjoy the summer holidays after what's been a very challenging year for many.

Nga mihi,

Warwick Murray - CFNZ Board Chair, and the CFNZ Team - Lisa, Laura, Lizzie, Christine, Sue, Angela, Gretchen, Jeanette, Jude, Chani, Nashwa, Raki, and Jo.

PS - This festive season we're asking the New Zealand public to support our Christmas Appeal and ensure families living with CF can access vital, practical support when they need it most. Funds raised go straight into welfare support and Breath4CF exercise grants, and supporters can choose a specific region to support if they wish. Find out more, www.cfnz.org.nz/Christmas



Out of Office

The CFNZ (virtual!) office will be closed from end of day Thursday 23 December, and will reopen on Monday 10 January.

Need support?

If you have any health concerns, please contact your medical team.

If you need to contact and Fieldworker from 24 December - 10 January, Sue will be checking her phone daily. You can contact her on 021 0222 1203 or susan@cfnz.org.nz.

Jude will be back from 10 January, Chani will be back from 11 January, and Gretchen will be back from February.