



IT'S LITERALLY BREATHTAKING

Tayler, aged 10

Cystic fibrosis is a life-limiting condition. It can limit your breathing, your digestion, your energy levels and your life expectancy. **There is currently no cure.**

“We had never heard of CF before Tayler was diagnosed. I was devastated to say the least. I felt like I was losing my baby, that we were going to live with a really sick child every day and life became very dark”, Tayler’s Mum explained.

Cystic fibrosis is caused by a faulty gene that results in a build-up of thick, sticky mucus. It affects the lungs, pancreas and many other organs in the body.

You can’t catch it, but 1 in 25 of us carries the gene that causes it.

“We are always cautious of risks to Tayler’s health and do everything we can to help minimise flare-ups. We are very vigilant with his treatments, which include nebulising medicines to help loosen mucus twice daily, and taking digestive enzyme-replacement tablets, vitamins, probiotics and other supplements.

I am hopeful he will have a long life and have his own family one day – something I never thought would be possible 10 years ago”.

SUPPORTING FAMILIES EVERY STEP OF THE WAY

FAMILY SUPPORT WORKERS

Provide one-to-one practical and emotional support to people with CF and their families.

MEDICAL EQUIPMENT

Essential medical equipment is not always funded by the government. We provide these so families don't have to cover the costs.

SUPPORT IN THE COMMUNITY

Our 12 regional branches are run by CF families for CF families. They provide friendship and a support network.

WELFARE ASSISTANCE

Is given to help people with CF stay healthy and achieve their very best. This includes our Breath4CF grant, which helps fund fitness equipment.

PROMOTING AWARENESS

One in 25 of us carry the gene that causes CF. We raise awareness of CF and the challenges those with CF face each day.

HOUSEHOLD SUPPORT

Caring for a child with CF often means parents are unable to work full time, or have to regularly take time off during periods of illness. We help with household expenses during difficult times.

CF RESEARCH

We help enable the nation's best scientists to research treatments that will improve quality of life.

A VOICE FOR CF

We lobby on behalf of the CF community so that they receive the best care possible.

TRAVEL ASSISTANCE

A large portion of people with CF travel out of town for hospital stays, clinic visits and treatment. Travel support helps to minimise financial impact.

STAYING UP TO DATE

Conferences, CF News magazine, e-newsletters, information packs and publications help keep families up to date.

You can help support people like Tayler and his family through a donation to Cystic Fibrosis New Zealand.

For more information visit www.cfnz.org.nz

