

WEAR SHIRT. GET ACTIVE. MAKE A DIFFERENCE.

3 - 9 December 2018

www.cfnz.org.nz/blueshirtweek

#CFBlueShirtWeek

Order a special shirt, organise a personal or group challenge, upload a photo to Facebook wearing the shirt, and our partner PARI will donate \$17* to CFNZ! Keeping active is one of the best ways a person with cystic fibrosis can manage their condition. Money raised goes towards our Breath4CF grant, which ensures cost is no barrier to staying healthy.

**BLUE
SHIRT
WEEK '18**