# GIVE A FEW BUCKS FORCF

### Food & **Formula**

People with CF struggle to maintain healthy weight due to their affected internal organs; they need high calorie food & high energy formulas to fight CF-related malnutrition.

#### Funding

CFNZ is a non-profit that receives less than 4% government funding, so we rely on donations from sponsors and the public.

#### **Financial** Aid

For individuals and their families struggling to manage the costs associated with living with or caring for someone with cystic fibrosis.

Cystic fibrosis is our most common life-threatening genetic condition, but it's not on the radar of most Kiwis. There are so many ways you can help us give a brighter future to people born with Cystic fibrosis.



### **Fact Sheets**

CFNZ produce informative downloads to educate people with CF and those in their wider community.

#### Fighting Chance

Advocating for access to care, life saving medication and vital equipment for people with CF.

#### Few Hours

Volunteering or running your own fundraiser is a great way to help CFNZ.

#### Footwear

#### **Family Hope**

Our mission is to optimise the quality of life for people with CF, helping them to

#### **Field Workers**

**Registered social workers** who provide emotional and practical support for people with CF and their families, visiting both in hospital and at home.

## Visit cfnz.org.nz to find out more

Healthy activity is essential for people with CF, items like sports shoes can be claimed under a CFNZ grant.

CYSTIC FIBROSIS NZ